

**RECREATION AID  
(LIFEGUARD)  
NF-0189-01**

**RECREATION CENTER  
MORALE, WELFARE  
& RECREATION**

WATER SAFETY AID  
NF-0189-01

INTRODUCTION

This position is located in the Single Sailor Program of the Recreation Center, in the MWR Division of the Quality of Life Department, Naval Air Station, Lemoore, California.

The purpose of the Lifeguard is to ensure the safety and health of the patrons using the pool.

MAJOR DUTIES

Monitors the activities of persons in the pool area to insure that all safety rules and regulations are followed.

Performs required housekeeping tasks to ensure that the pool is clean and free from hazards.

Always alert to assist in rescuing swimmers or administer first aid as required.

Perform other required duties as assigned.

KNOWLEDGE REQUIRED BY THE POSITION

Education and experience equivalent to completion of high school desirable.

Possesses a valid Water Safety Aid Certificate, Professional Rescuer. Standard First Aid Card recommended, but not required.

Ability to get along well with others and exercise good judgment in emergency situations.

SUPERVISORY CONTROLS

Works under the supervision of the Aquatics Director who defines the scope of assignments, training; and information on applicable policies and procedures.

All work will be performed within the guidelines of existing instructions and regulations from higher authority.

Work is performed independently, however, supervisory assistance is provided in unusual circumstances.

GUIDELINES

Specific detailed guidelines covering all important aspects of the assignment are provided. The rules and/or regulations to be enforced are clearly defined.

The employee works in strict adherence to the guidelines. Any deviations, except in emergency situations, must be authorized in advance.

### COMPLEXITY

The work includes various duties requiring the employee to perform related steps, processes, or methods for the completion of each assignment. Decisions regarding what needs to be done involve assessing each situation as it occurs and determining the existence of the differences among easily recognizable situations. The employee identifies the conditions involved and decides what kind of action to take. Actions to be taken differ depending on the nature of the task.

### SCOPE AND EFFECT

The employee performs specific operations involving a few separate tasks or procedures.

Works products or services affect the safety of patrons and the acceptance of services at the installation.

### PERSONAL CONTACTS

Contacts are with employees within immediate organization, office, project, or work unit and/or related support units. Contacts are also with the general public in very highly structured situations where the purpose of the contacts and the question are clear.

### PURPOSE OF CONTACTS

Purpose is to obtain, clarify, or give facts or information ranging from easily understood to highly technical and to ensure patron safety.

### PHYSICAL DEMANDS

Work requires physical exertion such as long periods of standing, walking, bending, swimming, exposure to extreme heat, and similar activities and lifting and carrying of heavy objects up to 30 pounds.

### WORK ENVIRONMENT

Work is performed outside in an outdoor environment where there is exposure to extreme discomforts and unpleasantness. May be required to use protective eyewear and sunscreen. Work involves extreme risk and discomfort while outdoors without shelter. Work areas will consist of exposure to extreme heat and may be uncomfortable due to noise and wet factors.